



Republic of the Philippines  
**Department of Education**  
REGION IV-A CALABARZON  
**SCHOOLS DIVISION OF BATANGAS**

Advisory No. **022**, s. 2026

January 27, 2026

In compliance with DepEd Order (DO) No. 8, s. 2013  
this advisory is issued not for endorsement per DO 28, s. 2001,  
but only for the information of DepEd officials,  
personnel/staff, as well as the concerned public.  
(Visit [www.deped.gov.ph](http://www.deped.gov.ph))

**JOURNEY'S END, NEW BEGINNINGS: A GRADE 10 RETREAT**

Don Leon Mercado Sr. Memorial National High School will conduct  
**JOURNEY'S END, NEW BEGINNINGS: A GRADE 10 RETREAT** at Capuchin Retreat  
Center, Lipa City, Batangas on February 4, 2026.

This activity aims to provide learners with an opportunity for reflection, values  
formation, emotional readiness, and personal growth. It is aligned with the Department  
of Education's thrust of promoting holistic learner development and ensuring that  
school activities remain meaningful, simple, and developmentally appropriate.

This Office interposes no objection provided that the participation of learners and  
teachers shall be purely voluntary and will not hamper instructional time in compliance  
with the provisions of DepEd Order (DO) No. 022, s. 2023 titled Implementing  
Guidelines on the School Calendar and Activities for the School Year 2025-2026 and  
DO 9, s. 2005 titled Instituting Measures to Increase Engaged Time-on-Task and  
Ensuring Compliance Therewith and the policy on off-campus activities stated in DO  
66, s. 2017. For the information and guidance of all concerned.

This is also subject to the no-collection policy as stated in Section 3 of Republic  
Act No. 5546 also known as An Act Prohibiting the Sale of Tickets and/or the Collection  
of Contributions for Whatever Project or Purpose from Students and Teachers of Public  
and Private Schools, Colleges and Universities (Ganzon Law), issued in DO 19, s. 2008,  
and reiterated in DepEd Memorandum No. 041, s. 2024.

For information and widest dissemination.

MLJCB/ JOURNEY'S END, NEW BEGINNINGS: A GRADE 10 RETREAT/A4/214305



**Republic of the Philippines**  
**Department of Education**  
**REGION IV-A CALABARZON**  
**SCHOOLS DIVISION OF BATANGAS**  
**San Juan West District**  
**DON LEON MERCADO SR. MEMORIAL NATIONAL HIGH SCHOOL**

January 14, 2026

**MARITES A. IBANES, CESO V**  
Schools Division Superintendent  
Division of Batangas

Thru: **SARAH S. SAGUIN**  
Public Schools District Supervisor  
San Juan West District  
San Juan, Batangas

Madam:

Greetings of peace and good will.

Respectfully submitted for your review and approval is the attached proposal entitled **"Journey's End, New Beginnings: A Grade 10 Retreat"**, to be conducted for the Grade 10 students of **Don Leon Mercado Sr. Memorial National High School**, Mabalano, San Juan, Batangas, **at the Capuchin Retreat Center, Lipa City, Batangas, on February 4, 2026, from 8:00 AM to 5:00 PM** in connection with the upcoming Completion Ceremony and the culmination of their Junior High School journey.

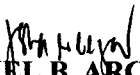
The proposed retreat aims to provide our learners with an opportunity for reflection, values formation, emotional readiness, and personal growth as they transition to Senior High School. This activity is aligned with the Department of Education's thrust of promoting holistic learner development and ensuring that school activities remain meaningful, simple, and developmentally appropriate.

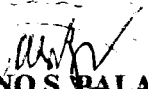
The activity shall be conducted in strict adherence to DepEd policies and guidelines, particularly on child protection, safety, and the conduct of school activities through sponsorship. Necessary safety measures and parental consent shall be secured prior to its implementation.

In this regard, we respectfully seek your approval to conduct the said Grade 10 Retreat. Your favorable consideration on this matter will greatly contribute to guiding our learners as they conclude an important phase of their academic life.

Thank you very much for your continued support and guidance.

Respectfully yours,

  
**RAQUEL B. ARCEGA**  
Grade 10 Coordinator

  
**ANTONINO S. PALAGANAS PhD**  
Principal I

Approved:

**MARITES A. IBANES, CESO V**  
Schools Division Superintendent  
Division of Batangas



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**DON LEON MERCADO SR. MEMORIAL NATIONAL HIGH SCHOOL**

**RETREAT PROPOSAL FOR GRADE 10**

- A. Title:** “JOURNEY’S END, NEW BEGINNINGS: A GRADE 10 RETREAT”
- B. Proponents:** Grade 10 Advisers and Teachers
- C. Target Participants:** All Grade 10 Students
- D. Venue:** Capuchin Retreat Center, Lipa City, Batangas
- E. Date and Duration:** February 4, 2026 ( 8:00 AM – 5:00 PM)

**I. Rationale**

The completion of Junior High School is a significant milestone. As students prepare for the Completion Ceremony and their transition to Senior High School, it is essential to provide an opportunity for reflection, personal growth, and values reinforcement.

This retreat offers students a structured environment to look back on their Junior High School journey, celebrate accomplishments, strengthen relationships, and prepare for future responsibilities. Through talks, guided reflections, and interactive activities, students are encouraged to develop resilience, self-awareness, gratitude, and a sense of purpose.

**II. Objectives**

By the end of the retreat, students are expected to:

- 1. Reflect on their Junior High School experiences and personal growth.
- 2. Appreciate achievements, lessons learned, and relationships formed.
- 3. Strengthen values, self-awareness, and future readiness.
- 4. Prepare emotionally, mentally, and spiritually for Senior High School.
- 5. Foster gratitude, responsibility, and hope as they complete their Junior High School journey.

**III. Program of Activities**

Time	Activity
7:30 – 8:00	Arrival and Registration
8:00 – 8:30	Opening Prayer and Orientation
8:30 – 9:30	Talk 1: Looking Back – My Junior High School Journey
9:30 – 10:00	Reflection Activity
10:00 – 10:15	Break
10:15 – 11:15	Talk 2: Values, Choices, and Growth
11:15 – 12:00	Group Sharing
12:00 – 1:00	Lunch Break
1:00 – 2:00	Talk 3: Moving Forward – Preparing for Senior High School
2:00 – 2:45	Personal Reflection / Letter to Self
2:45 – 3:15	Commitment Activity
3:15 – 3:45	Closing Prayer and Message
3:45 – 4:00	Evaluation
4:00 – 5:00	Holy Mass

- School Head
- Grade 10 Advisers
- Subject Teachers
- Designated Retreat Facilitator / Speaker
- Guidance Counselor
- Parent Volunteers
- Designated clinic teacher

**V. Budgetary Requirements**

The retreat will follow DepEd’s guidelines for simple and non-extravagant activities. Expenses will be kept minimal and sourced through sponsorship of the school stakeholders.

Item	Description	Estimated Cost
Meals/Snacks	Simple lunch and snacks	300
Materials	Reflection sheets, pens, IDs	30
Venue	Capuchin Retreat Center, Lipa Batangas	220
Transportation	PUJ	150
Speaker/Facilitator	Token or honorarium	100
Contingency	Miscellaneous	50
<b>Total Estimated Cost</b>		<b>850</b>

**VI. Expected Outcomes**

- Students demonstrate increased self-awareness and readiness for Senior High School.
- Improved sense of gratitude, responsibility, and purpose.
- Meaningful closure of the Junior High School experience prior to the Completion Ceremony.

**VII. Monitoring and Evaluation**

- Student reflection outputs
- Post-retreat evaluation forms
- Observations from teachers and advisers

**VIII. Safety and Risk Management**

- Attendance and headcount strictly monitored.
- Teachers and advisers assigned specific supervision duties.
- First-aid kit and emergency contacts available.
- Parental consent secured prior to the activity.
- School and DepEd child protection and safety policies observed.



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**DON LEON MERCADO SR. MEMORIAL NATIONAL HIGH SCHOOL**

**PARENT CONSENT FORM FOR GRADE 10 RETREAT**

**Date:** February 4, 2026

**Venue:** Capuchin Retreat Center, Lipa City, Batangas

**Time:** 8:00 AM – 5:00 PM

**Student Name:** \_\_\_\_\_

**Grade/Section:** \_\_\_\_\_

Dear Parent/Guardian,

We are organizing a Grade 10 Retreat titled “**Journey’s End, New Beginnings**” for our students as part of their reflection and preparation for Senior High School. The activity will be held on the above-mentioned date and venue.

We request your consent to allow your child to participate in this retreat. All necessary precautions and safety measures will be taken, and students will be under the careful supervision of teachers and school staff throughout the activity. While the school, its faculty, and staff cannot be held liable for unforeseen incidents, we assure you that every effort will be made to prevent any untoward occurrence and to always safeguard the well-being of your child.

Please indicate your approval by signing below.

**Consent:**

☐ I hereby give permission for my child to attend the Grade 10 Retreat.

Parent/Guardian Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Thank you for your understanding, cooperation, and support.

**Sincerely,**

\_\_\_\_\_  
Grade 10 Adviser





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Grade 10 Adviser